



# Chinmaya Archana Chinmaya Mission Columbus



CMC Newsletter

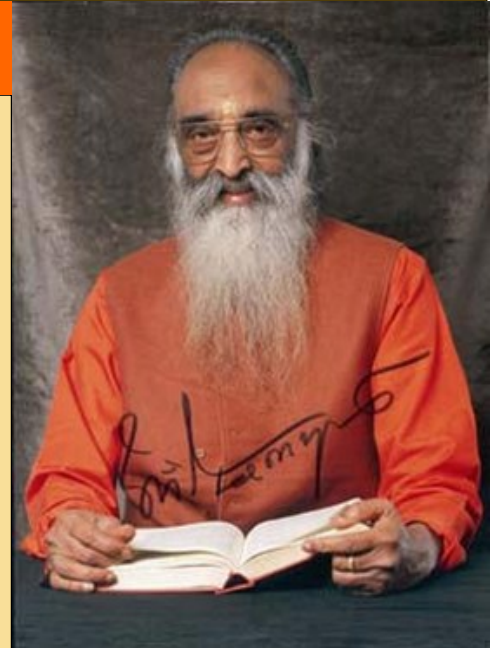
May 2015

## Chinmaya Jyothi Yatra will commence its US-Midwest Region travel from Chinmaya Mission Columbus on May 8th 2015

The yearlong celebrations of Pujya Gurudev Swami Chinmayanandaji's birth centenary celebrations will be flagged off from Kochi in Kerala, the birth place of Swamiji on 8th May 2015 at 7.00 PM by Swami Tejomayanandaji, Head, Chinmaya Mission World Wide, by lighting the "Chinmaya Jyothi". On its US travel, Columbus Chinmaya Mission will have the singular honor of receiving it first in the US Mid West Region.

It will be a 15 month long event in which we will have 4 Deepams (lamps) that will travel the four regions of the USA and Canada, stopping at each Chinmaya Mission center in that region. The deepam will be housed at each center for 3-4 weeks, during which various events shall be held as part of the "Yatra" to help spread awareness of who Gurudev is, what his life was like, and his bigger Vision.

Through this Yatra we will also build unity amongst all the Chinmaya Mission Centers. It will spread his vision, awareness of his life and mission and the message of the Bhagavad Gita, through which he touched the hearts of millions, transforming them into successful men and women, who with perfect clarity on life's purpose and the means to achieve it-making their worldly life also fully meaningful. We solicit your whole-hearted support to organize a warm and solemn reception to it.



Gurudev birth centenary

## 22nd Mahasamadhi Camp -July 29- August 3rd 2015

The highlight of the 2015 Mahasamadhi camp, without doubt, will be Pujya Guruji's discourses; bringing us the principles of eternal truth of life in a straightforward manner.

We are all in for a treat, rousing our thinking with the thunderous declarations of the Srutis; answering the questions of life that have long been in our hearts and minds. For more details on MSC Camp, please visit this link: <http://chinmayamsc2015.blogspot.com/>

This will be an all-inclusive summer retreat for you and your family where each of you can discover yourself and your rich spiritual heritage. You can look forward to a relaxing, spiritually enriching experience with engaging programs for all ages.

To celebrate and commemorate the birth centenary of Guru Dev, Chinmaya Mission Plans to host a yearlong Series of events and programs during the year 2015 to 2016 (the centenary year) across the Globe.

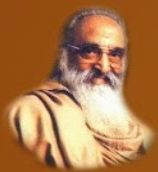
As a lead up to the year, various activities will be conducted to strengthen the Mission and to reach out and transform lives.

### Upcoming Events:

- Jyothi arriving to Columbus May 8th
- Jyothi Yatra celebrations on May 9th
- Gita Chanting Competition on May 16th
- Abhishekam - May 16th
- Graduation Day - May 17th

### Click here for latest calendar events:

<http://www.chinmayamissioncolumbus.org/index.php?id=upcoming-events>



## 22<sup>nd</sup> Mahasamadhi Aradhana Camp New Jersey 2015

July 29th to August 3rd 2015

**Upanishad Ganga**  
Wisdom Ancient, Strength Limitless

With  
H.H. Swami Tejomayananda  
H.H. Swami Swaroopananda  
and Acharyas from North America



### Location:

DoubleTree by Hilton  
Somerset, NJ 08873



Chinmaya Mission Tri-State Center  
Our Acharyas: H.H. Swami Shantananda  
H.H. Swami Siddhananda

*Come discover yourSelf...!!*

**Our Address: Chinmaya Mission Columbus, 5302 Liberty Rd N, Powell, OH 43065**

**Contact Phone Information: Phone: # 614-917-0160, Email: [columbus@chinmayamission.org](mailto:columbus@chinmayamission.org)**

## Balavihar Classroom News

### Balakrishna Class

Pre-K - Kindergarten (The Alphabet Safari) The Curriculam comprises of The Alphabet Safari, The Pledge, Simple values and discipline through the English alphabet. The fun of living by these values and discipline. Instill values like aspiration, brotherhood, cleanliness etc., through animal stories, coloring, and hands-on activities.

This month kids learned a Gayatri for Lord Rama. Also each one of them were handed their own Japa Malas to take home and do Japa every day.

### LuvKush Class

LuvKush: Grade 1 - 2 (Bala Ramayana) Narrates the story of Rama, Inspire children to be like Rama by imbibing the qualities that they learn from Rama and other characters.

### Dhruva Class

Grade 5 - 6 . Kids are learning the Symbolism in Hinduism. The deities are symbols of the one Omnipresent Lord. These symbols teach us to live a life of harmony, fulfillment, and happiness.. They are also learning Ganapati atharvashirsha sloka in class..

Who we are and what we know is because of our teachers and we are indebted to them. We learn only when our attitude is proper; attitude makes us a good disciple. Anyone or anything can be our teacher, if we have humility and right attitude to recognize them, and Nature is one of our greatest teachers.

### Chinmaya Publications

Through more than 350 kinds of books and publications one can help themselves grow and evolve. One can avail books on a wide variety of topics like Vedanta, culture, Upanishads, stories etc., at the Chinmaya Publications.

Books available in other Languages: Malayalam, Kannada, Marathi, Gujarati, Hindi.

If interested in any of the titles, please contact Rajee Senthil at Phone 614-620-5696 / Email: rajeesenthil@gmail.com;

Visit website: [Chinmaya Publications](#)

## Adult Study Groups

### Adult Study Groups 2014 - 2015

**Class Highlights:** Texts to be covered this year include - Kenopanishad, Tattva Bodhah, Vivekachoodamani, Self Unfoldment., Chapter III of Bhagawad Geeta. Other classes include Gita Chanting, Sanskrit Language.

**Time & Place:** Every Sunday-10:00 - 11:30am and 12:30 to 2:00PM.

[Click Here](#) for more details.

### Advanced Vedanta Class Summary:

In Chapter III of Bhagawad Geeta, Karma Yoga, Lord Shri Krishna explains to a confused Arjuna that though knowledge may seem superior to action, it is imperative that both be practiced. Step by step, Lord Shri Krishna shows how the path of action is a means to the end and what happens to those who do not act. Action when practiced without attachment to its result, purifies the mind and integrates the personality. This makes the mind receptive to receive the knowledge that leads to Self-realization .

### Devi Group Activities

#### Meets Alternate Tuesday's

**Time:7:00 to 8:30pm**

**Location: Chinmaya Archana,**

**Topic: Chanting, Bhajans, Mukundamala and discussion**

At Chinmaya Archana Devi Group is a forum for ladies inspired by scriptural studies to come together and gain a better understanding of Vedanta and its practical application in family life . Members of the group support each other by sharing their study , knowledge, reflections and experiences of personal application.



The first Devi Group, or Chinmaya Study Group exclusively for women, was inaugurated in November 1958, in Chennai, India, with Gurudev Swami Chinmayananda's blessings: "Salutations to Mothers! I need not mention how happy I am that a Devi section of Chinmaya Mission is being inaugurated on this sacred day. Women of the country mould its future. The caliber of the children will be determined by the upbringing given by their mothers. Indeed, women have been, and even today are, the real custodians of our country's spiritual culture." These encouraging words lay the foundation of Chinmaya Mission's Devi Group culture, and these Devi Groups are today an integral feature of almost every Mis-

**Temple Timings:** All days - 7.00 PM - 8.00 PM.

Special abhisheka will be performed on the third Saturday (10.00 AM - 12.00 noon) of every month.

**Abhishekam date:** May16th 2015, June 20th 2015

## Shrimad Bhagavad Gita Chanting Competition 2015

### Gita Chanting Competition

We are excited to announce the Holy Geeta Chanting competition at Our Chinmaya mission, Columbus center on May 16th, 2015. It is open for one and all (including members and non members).

Across the world, Geeta Chapter XV (15) has been adopted to be Chanted for the purpose of the competition. We will follow the Same categories in the National competition as given for International competition on the web site.

*Chantgeeta.com*

For our local competition, we may have above age 15 and Adult category to get maximum participation, however only groups A-D (2 winners from each category) will be eligible to compete in the Final National Competition on September 5 & 6 to be held in Chicago

**To practice chanting: please follow this link:**

<http://www.mychinmaya.org/bv/chant.cfm>

**Date of competition:** May 16th, 2015

**Time:** 10 am

**Location:** Chinmaya Mission Columbus,  
No.5302,Liberty Road North,  
Powell, Ohio 43065.

**To register:** Please contact Dr.Kavya Krishna at [kavyakrishna04@gmail.com](mailto:kavyakrishna04@gmail.com) with participant's name, date of birth by May 7th 2015.

For questions, please contact Dr.Kavya Krishna at 614 588 0690 or email at [kavyakrishna04@gmail.com](mailto:kavyakrishna04@gmail.com)

**Aim and Objective:** To motivate Children and Adults to chant the Geeta and ultimately bring this philosophy into their lives beyond all religions.

### Geeta ChapterXV (15) Purushottama Yoga

Group	Age (Age as on 1 <sup>st</sup> Jan 2015)	Stanzas	No.of Stanzas
A	4 to 6 years	1 through 12	12
B	7 to 9 years	1 through 20	20
C	10 to 12 years	1 through 20	20
D	13 to 15 years	1 through 20	20

## Other Announcements

### Balavihar Registrations

**Chinmaya Balavihar and Adult Classes 2015 - 2016 Registration Opened .**

Chinmaya Balavihar Program Highlights:

- Learn Moral Values & Ethics through stories from our Scriptures;
- Structured and Age appropriate curriculum KG-12;
- Learn Bhagavad Gita Chanting, Bhajans, Stotrams, Sanskrit & Meditation;
- Fine Arts, Games, Camps & Movie Nights; and Firmly rooted in Hindu Scripture;
- All classes are taught by a team of specially trained, experienced, and dedicated teachers.

**Session 1** - Balavihar classes are held from **10:00am to 11:30am** and children are expected to assemble in the hall by 9:45am.

**Session 2** classes are going to be held between **12:30 - 2:00pm**. For more details see the link given below

Visit <http://www.chinmayamissioncolumbus.org>

Please contact Madhu Venkatachalam at 740 657 8699 if you have any questions.

### Chinmaya Bala Vihar Graduation Day

**Date:** Sunday May 17th 2015

**Program:** 10:00am - 12:30p.m.

**Theme: I Know My Gurudev**

Gita Chanting Competition Winners will receive their prizes. Bring your Family & Friends. Watch the Balavihar Children & Adults perform scintillating skits on their graduation day as a tribute to Gurudev.

**Grand Potluck feast after the program !!! Bring your appetite**

**Please note:** Programs will start on time. For more details about the program contact Bindu Menta at (614) 767-5782.



## Community Outreach Program

### Adopt - A - Highway Program

Chinmaya Mission Columbus has adopted a two mile section of State Hwy 23 and 1 one mile strip of Hyatt Road. Litter pick up is done 4 times a year. The Participants of Adopt a Highway are volunteers .The Department of Transportation provides us safety training, necessary tools for trash pick up, trash bags, disposable safety vests and two signs to be used at the beginning of the two mile section.

For additional details please contact our coordinators at this email: [communityoutreach.cmcolumbus@gmail.com](mailto:communityoutreach.cmcolumbus@gmail.com).



### American Red Cross - Give Blood

Every minute of every day, someone needs blood. That blood can only come from a volunteer donor, a person like you who makes the choice to donate. There is no substitute for your donation. When you make a blood donation, you join a very select group. Currently only 3 out of every 100 people in America donate blood. From its beginning, the American Red Cross has formed a community of service, of generous, strong and decent people bound by beliefs beyond themselves. The American Red Cross blood donor embodies this principle. Please join us in our mission to maintain a safe and stable blood supply by making your appointment to donate blood today. Please click here for additional details

[www.redcrossblood.org/](http://www.redcrossblood.org/)

### Food Pantry

CMC members volunteer on a regular basis in many different activities to help and support the local communities. One such activity includes volunteering at the neighborhood Food Pantries. CMC members go to the Worthington Food Pantry and Healthy Resource Center on a monthly basis and serve many homeless and lower income families. Activities include helping them shop for food which is provided free of cost and perform many other roles like Greeter, Interviewer, Backroom helper as well as guiding people in the Resource center and pointing to other freely available resources in the Community. In addition CMC members also partner with the Dublin Food Pantry in big groups and Volunteer for the national "The Stamp out hunger drive" in May where 100's and 1000's of pounds of donated food is sorted, arranged and sent to Mid Ohio Food bank.

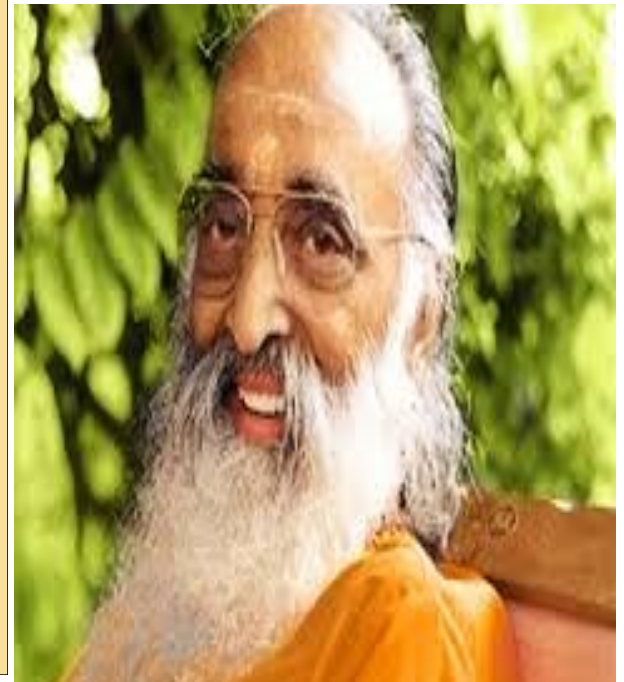
Link to Worthington food pantry:  
<http://www.worthingtonresourcepantry.org/>



## Guru Dev's Quotes

### Happiness

- ◆ Happiness depends on what you can give, not on what you can get.
- ◆ Don't put the key to your happiness in someone's else's pocket
- ◆ He who depends on chances and situations to be happy, is a Samsaari.
- ◆ To love and to be loved is the greatest happiness.
- ◆ The tragedy of human history is decreasing happiness in the midst of increasing comforts.
- ◆ The cultured give happiness wherever they go. The uncultured whenever they go.
- ◆ Everyone points to the other man, who, according to him, is happier. But the only one, who has the courage to declare that he is truly happy, is he who has relinquished all his passions and hungers from within.



## Key Websites /Chinmaya Mission Resources

[CMW News Letter](#)

[Chinmaya Mission Worldwide News](#)

[Chinmaya Mission Worldwide Events](#)

[Chinmaya Mission Camps](#)

### **Chinmaya Projects**

[CORD - Chinmaya Organisation for Rural Development](#)

[Chinmaya Vibhooti](#)

[Chinmaya Naada Bindu](#)

### **General website of Chinmaya Mission**

[Website of Global Chinmaya Mission](#)

[Chinmaya Mission - West](#)

[Activities of Chyk in USA - \*\*FOR YOUTH\*\*](#)

[Chinmaya Kids - \*\*FOR KIDS\*\*](#)

[SCHOOL AND COLLEGES](#)